

Greater Manchester  
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# Priority Plan: Active Children and Young People



# Active Children and Young People

## Our shared ambition

Children and young people have a positive and meaningful relationship with movement and physical activity, moving everyday with greater choice and say in when and how they move, in safe and age-appropriate spaces.

## Our contribution

Working collaboratively, with an intersectional approach, across Greater Manchester sectors and networks, to ensure that children aged 0-4 years start well with a focus on physical literacy and children, young people and young adults aged 5-25 years, are supported to create healthy habits to live lifelong healthy lifestyles.

Using research, data, insight, and digital, we will strategically lead the network, enabling whole system leadership, ultimately, transforming governance, processes and cultural norms.

Support the Greater Manchester networks (including education, health, voluntary and youth sector workforce) by investing, learning, adapting and sharing, involving local people and places in the process, continually learning together.

Connect by building effective cross sector relationships and partnerships, internally between the GM Moving families, Greater Manchester wide and Nationally. Bringing to life the Active Children and Young People Ambitions of GM Moving, ultimately creating positive experiences for ALL children and young people in Greater Manchester.



# Active Children and Young People

## Our activities

With a focus on data, local insight and leadership, using an intersectional approach, we will:

Early Years - Continue to champion and promote the role of physical activity in supporting the physical development and physical literacy priority in Early Years settings, more specifically U5's. Our role will be to lead, support and connect the workforce, families and wider partners/sectors to understand the importance of creating early positive experiences of Physical Activity to support engagement through the life course.

Tailored approach - Healthy weight, low socio-economic status and SEND.

Active Education - Lead, support and connect the network, through ways of working, advocacy, influencing, data, insight and digital. Create a culture around a whole school approach to physical activity within education, ensuring it is everyone's responsibility to support young people to move more every day. Use School Games and Creating an Active School Framework as vehicles to drive and support this change across Education and Health agendas.

Tailored approach - SEND, Alternative Provision and Pupil Referral Units, Secondaries, inactive, free school meals, girls.





# Active Children and Young People

## Our activities continued

Positive Social Outcomes – Lead, support and connect education, community and health agendas to maximise the social impact of movement, physical activity and sport, working together to share knowledge, expertise and opportunities.

The key areas of focus will be crime reduction, mental health & wellbeing and personal development of the workforce (paid and voluntary) terms of Movement, Physical Activity and Sport.

Tailored approach - young women, LGBTQ+, those at risk of anti-social behaviour, hyper-local pilots, year 6-7 transition (CAMHS focus), paid and voluntary workforces.

Youth Voice – Work closely with the youth sector and youth voice networks in Greater Manchester, Northwest and Nationally, to enable the system to ensure youth voice is at the heart of their policies and practices. Creating a cultural norm of respecting young peoples' collective voices in social change and the services that they access, having an ethos of listening to hear, not listening to respond, to young people.

Tailored approach - Gypsy roma traveller, trans and non-binary, and black working-class communities, inactive youth groups to support positive mental health, anti-social behaviour and youth justice, LGBTQ+, ethnically diverse communities, young women and girls.





# Active Children and Young People

## Our activities continued

Active Spaces - Working closely with Greater Manchester, regional and national networks to lead and support the creation of young people led, safe and healthy active spaces. Using data and local insight to support the network to open school facilities beyond the school day into evening, weekends and holiday periods. Welcoming members of the community, widening the opportunity for movement, physical activity and sport engagement. Creating lifelong healthy habits and positive experiences for more children, young people their families and the community local to them. Aiming to complement different work linked to active spaces ensuring they are not in isolation but utilised to maximise the best out of a space.

Tailored approach - Free school meal (FSM), female, Special Educational Needs and Disabilities (SEND) and Black, Asian and Minority Ethnic (BAME)





# Active Children and Young People

What's the change we will see?

Progress against the 5 enablers of Change:

- Involving local people and growing assets
- Learning and Adapting
- Effective work across and between sectors
- Strategic Leadership enabling collective leadership
- Transforming governance and processes

How will we know?

Progress will be captured through:

- Monthly reflection logs and quarterly sense making by enabler
- Bi-yearly updates to priority plan tracker of enabler maturity with evidence
- GM Stakeholder Survey perceptions of enabler maturity across the system
- Deep dive research for emerging priority themes via observations, interviews or commissioned evaluation

