

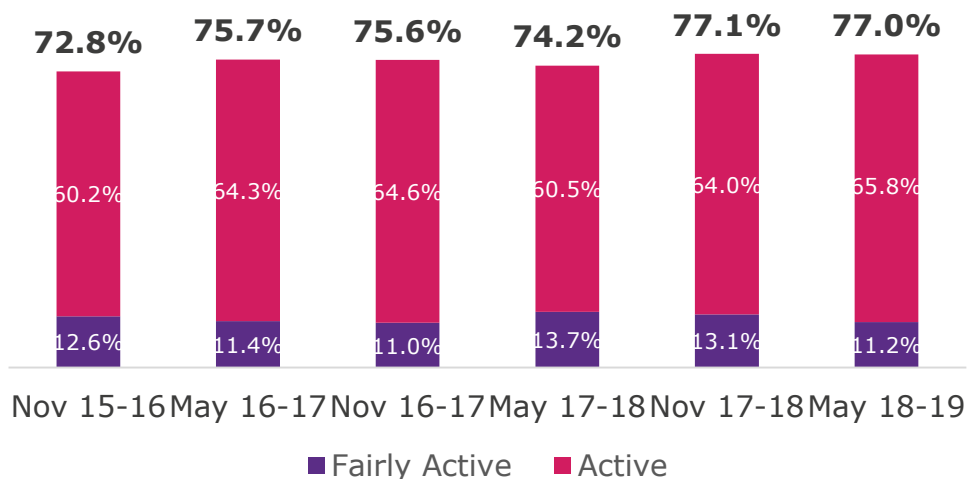
Headline Adult Active Lives Statistics

Trafford Overview

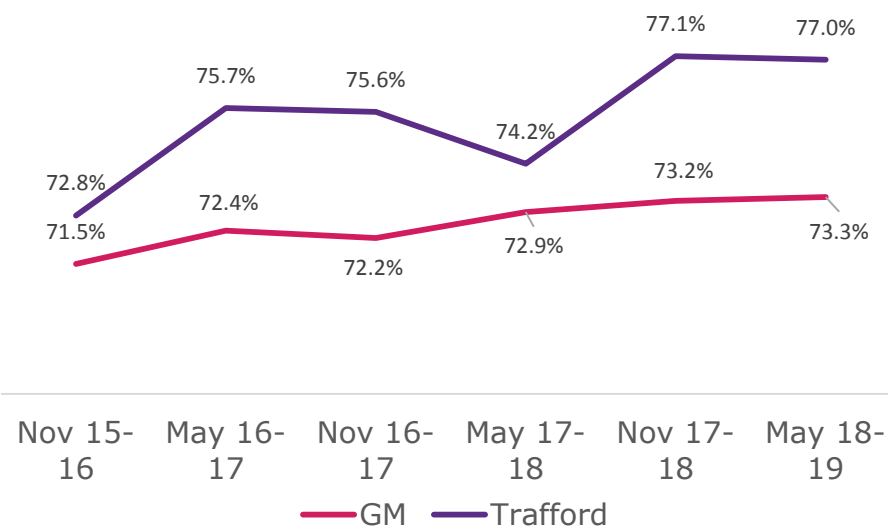


- 77.0% of adults in Trafford are moving, at least 30 minutes a week, equivalent to 143,200 adults.
- This is an improvement since baseline (November 2015-16) of 4.2% and 8,900 adults.
- Similarly an improvement in the last year, but not so much the last 6 months:
 - in the last 12 months (since May 2017-18) an increase of 2.8% or 5,700 more adults moving
 - in the last 6 months (since November 2017-18) a decrease of 0.1%.
- Trafford have maintained and increased the difference since baseline (November 2015-16) above the Greater Manchester (GM) average of 73.3%.

Trafford % Adults Moving (Fairly Active and Active)



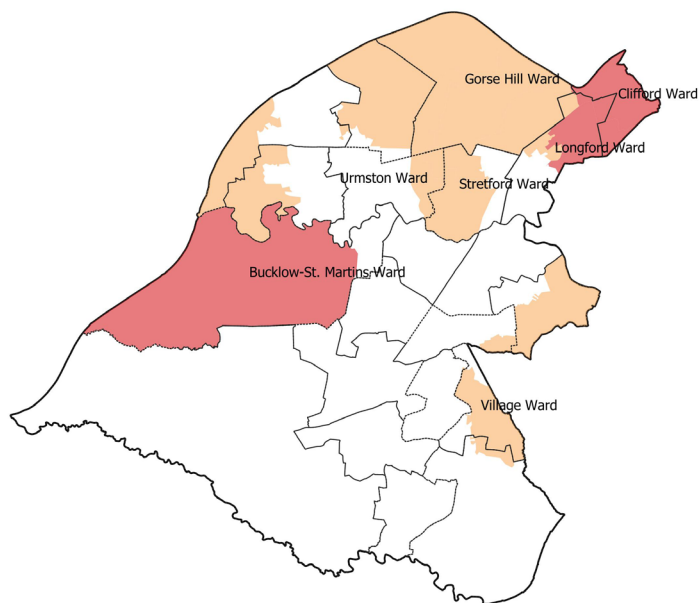
Trafford % Adults Moving (Fairly Active and Active)



Headline Adult Active Lives Statistics

Trafford Overview

Mapping of Inactivity Levels

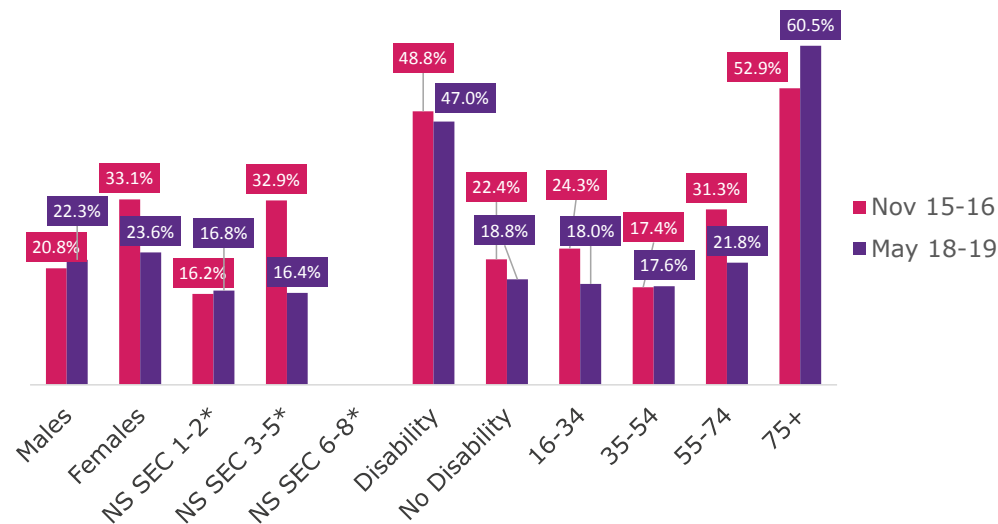


Inactivity levels range at middle super output area (MSOA) level from 12.6% in Trafford 026 (Hale Central ward) to 32.6% in Trafford 017 (Bucklow-St. Martins ward).

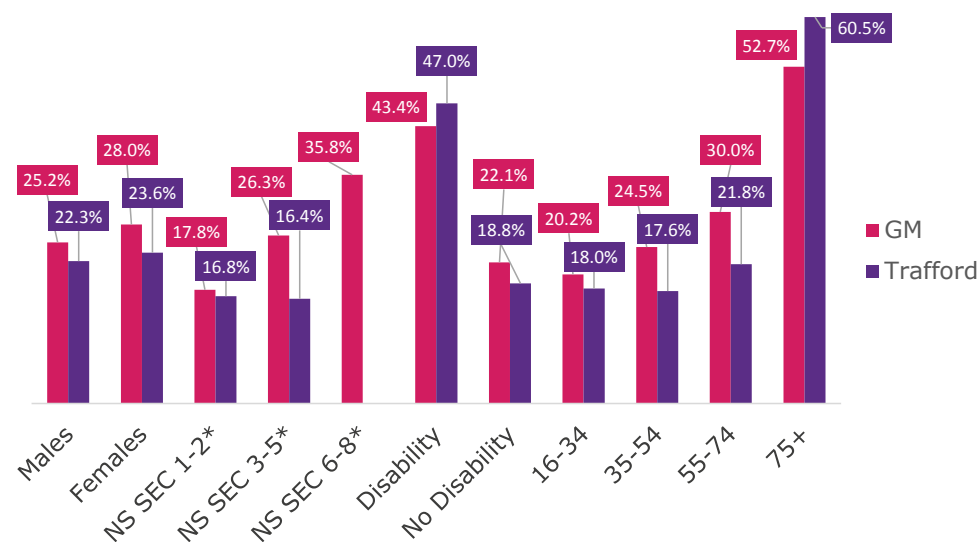
Inactivity has decreased or stayed the same since 2015-16 for all demographics in Trafford below, apart from 75+ years. NS SEC 6-8 did not have enough responses to be reported.

It is highest for those aged 75+ and those with a disability. However, in relation to GM averages, Trafford is much lower for all, except disability and 75+ years.

Inactivity by Demographics in Trafford over time



Inactivity by Demographics in Trafford compared to GM



*Higher, Middle and Lower income categories in the National Statistics Socio-economic Classification